



RÉSEAU DES ÉMETTEURS FRANÇAIS UNION FRANÇAISE DES RADIOAMATEURS

Section française de l'Union internationale des radioamateurs (I.A.R.U.)
Siège social : 32 rue de Suède, 37100 TOURS – Services administratifs : BP 7429 – 37074 TOURS CEDEX 2 – Tél.
02.47.41.88.73 – Fax : 02.47.41.88.88

French Contest Committee

French HF Championship "Coupe du REF" rules

1. Objective

- French amateurs work as many amateur stations in as many French of the 97 metropolitans departments (including F6REF HQ), overseas territories (DOM/TOM) and DXCC countries of the world as possible on 80, 40, 20, 15, and 10 meter bands.
- Foreign amateurs work as many F stations in as many of the 97 metropolitans departments (including F6REF HQ) and overseas French territories (DOM/TOM) as possible.

2. Contest period

- CW: Last full weekend in January.
- SSB: Last full weekend in February.
- Contest Period: 36 hours each mode (separate contests).
- Starts 0600 UTC Saturday; ends 1800 UTC Sunday

3. Bands and modes

80, 40, 20, 15, 10 m, according to IARU band plan for each country, CW and Phone.

4. Foreign entry Categories Single

operator all bands Single
operator single band
Multi operator single transmitter all bands

No power categories.

5. Contest call

CQ REF

6. Exchange

F stations send RST+Dept (or Prefix for overseas French stations)

Ex for F6XXX: 59(9) 75

Ex for FM5XX: 59(9) FM

Non-F stations send RST + serial number (beginning with 001)

7. Scoring

- QSO Points: each F station count one point from same continent or three points with other continent.
- Multipliers: Sum of departments + DOM/TOM worked per band.
- Final score: QSO points X multipliers = final score

Ex: 547 qso points, 224 departments, 4 DOM/TOM
(224 + 4) x 547 = 124 716

8 Log submission

- The log files must be uploaded in Cabrillo format at this address:

<http://concours.r-e-f.org/contest/logs/upload-form>

- See here for specs: http://www.kkn.net/~trey/Cabrillo_v2/ref-ssb.txt
- Hand writing logs only could be send to the adjudicator. Please refer to our web site for the mailing address: http://concours.ref-union.org/commission/membres_dx.php
- All log entries must be sent before **the second monday** after the contest.

9 Awards:

- A classification will be established for each continent.
- A certificate will be awarded for each station with almost 100 valids QSOs.

Miscellaneous:

Metropolitan departments map and list



| | | | | | | | |
|-----|-------------------------|----|--------------------|----|-----------------------|----|-------------------|
| 00* | REF HQ (F6REF) | 30 | Gard | 61 | Orne | 92 | Hauts de Seine |
| 01 | Ain | 31 | Garonne (Haute) | 62 | Pas de Calais | 93 | Seine Saint Denis |
| 02 | Aisne | 32 | Gers | 63 | Puy de dôme | 94 | Val de Marne |
| 03 | Allier | 33 | Gironde | 64 | Pyrénées-Atlantiques | 95 | Val d'Oise |
| 04 | Alpes de Haute Provence | 34 | Hérault | 65 | Pyrénées (hautes) | | |
| 05 | Alpes (Hautes) | 35 | Ille et Vilaine | 66 | Pyrénées Orientales | | |
| 06 | Alpes Maritimes | 36 | Indre | 67 | Rhin (Bas) | | |
| 07 | Ardèche | 37 | Indre et Loire | 68 | Rhin (Haut) | | |
| 08 | Ardennes | 38 | Isère | 69 | Rhône | | |
| 09 | Ariège | 39 | Jura | 70 | Saône (haute) | | |
| 10 | Aube | 40 | Landes | 71 | Saône et Loire | | |
| 11 | Aude | 41 | Loir et Cher | 72 | Sarthe | | |
| 12 | Aveyron | 42 | Loire | 73 | Savoie | | |
| 13 | Bouches du Rhône | 43 | Loire (haute) | 74 | Savoie (haute) | | |
| 14 | Calvados | 44 | Loire Atlantique | 75 | Paris | | |
| 15 | Cantal | 45 | Loiret | 76 | Seine Maritime | | |
| 16 | Charente | 46 | Lot | 77 | Seine et Marne | | |
| 17 | Charente Maritime | 47 | Lot et Garonne | 78 | Yvelines | | |
| 18 | Cher | 48 | Lozère | 79 | Deux-Sèvres | | |
| 19 | Corrèze | 49 | Maine et Loire | 80 | Somme | | |
| 2A | Corse du sud | 50 | Manche | 81 | Tarn | | |
| 2B | Corse (haute) | 51 | Marne | 82 | Tarn et Garonne | | |
| 21 | Côte d'or | 52 | Marne (haute) | 83 | Var | | |
| 22 | Côtes d'Armor | 53 | Mayenne | 84 | Vaucluse | | |
| 23 | Creuse | 54 | Meurthe et Moselle | 85 | Vendée | | |
| 24 | Dordogne | 55 | Meuse | 86 | Vienne | | |
| 25 | Doubs | 56 | Morbihan | 87 | Vienne (haute) | | |
| 26 | Drôme | 57 | Moselle | 88 | Vosges | | |
| 27 | Eure | 58 | Nièvre | 89 | Yonne | | |
| 28 | Eure et Loir | 59 | Nord | 90 | Territoire de Belfort | | |
| 29 | Finistère | 60 | Oise | 91 | Essonne | | |

French overseas departments and territories

| | |
|----|-----------------------|
| FG | Guadeloupe |
| FJ | Saint Martin |
| FH | Mayotte |
| FK | New Caledonia |
| FM | Martinique |
| FO | French Polynesia |
| FP | St. Pierre & Miquelon |
| FR | Reunion I. |
| FT | TAAF |
| FW | Wallis & Futuna Is. |
| FY | French Guiana |